Module 3: Individual Peacekeeping Personnel





Basic First Aid in the Field



Relevance

- Timely medical emergency response important for survival
- First Aid is applicable to everyday life



Learning Outcomes

Learners will:

- Define Basic First Aid
- Explain actions to take as first responder to a medical emergency
- Describe key First Aid responses



Lesson Overview

- 1. Basic First Aid
- 2. The Chain of Survival
- 3. First One to Respond to a Medical Emergency
- 4. Actions Before First Aid Response
- 5. Key First Aid Responses



1. What is Basic First Aid?

- Immediate care given to an injured or suddenly ill person
- Does NOT take the place of proper medical treatment
- Legal considerations consent, trained personnel, peculiarities of the injured/ill person





2. The Chain of Survival

In order for a person to survive:





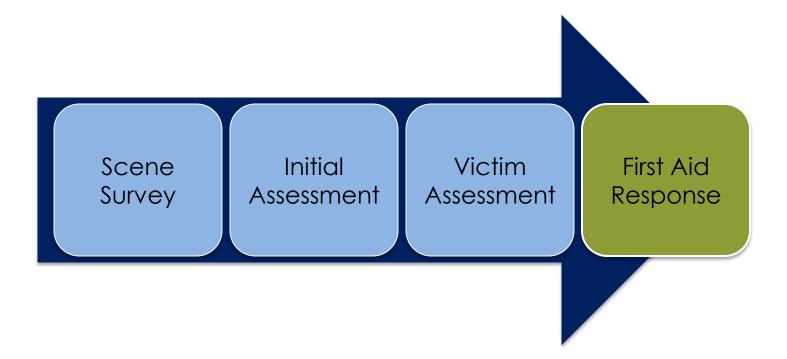
3. If You are the First to Respond to a Medical Emergency Incident...

- Remain calm, do not panic
- Assess situation
- First Aid permission, implied consent
- Call for help
- Stabilize situation





4. Actions Before First Aid Response





Scene Survey

- Hazards
- Cause
- Number of victims





Initial Assessment

A = Airway Open? (Head-tilt/chin-lift)

B = Breathing? (Look, listen, feel)

C = Circulation? (Check for signs of circulation)





Victim Assessment Sequence







5. Key First Aid Responses

First Aid Responses to	Bleeding	Shock	Burns
Choking	Fractures and dislocation	Heart attack	Wounds
Amputation	Spinal injuries	Stroke	Bites and stings



Summary of Key Messages

- First Aid
- Actions to take as first responder to a medical emergency
- Key First Aid responses



Questions



Learning Activity

Learning Evaluation